



BIOPHILIC INTERIOR DESIGN MATRIX CHECKLIST

Research supports including a variety of nature-based design features in interior design. You don't need to include every feature. It is important to use thoughtful integration appropriate to the project, context and culture. Use this list as a reminder for how you're attempting biophilic variety. Copyright Beth McGee 2018

actual natural features- actual (not images) of real nature characteristics in the interior

- 1 air
- 2 water
- 3 plants
- 4 animals
- 5 natural materials
- 6 views & vistas
- 7 habitats
- 8 fire

natural shapes & forms- representations of nature and simulations

- 9 botanical motifs
- 10 animal-like
- 11 shells & spirals
- 12 curves & arches
- 13 fluid forms
- 14 abstraction of nature
- 15 inside-outside

natural patterns & processes- properties derived from natural features & processes

- 16 sensory richness
- 17 age, change & the patina of time
- 18 area of emphasis
- 19 patterned wholes
- 20 bounded spaces
- 21 linked series & chains
- 22 integration of parts to wholes
- 23 complementary contrasts
- 24 dynamic balance & tension
- 25 natural ratios & scales

color & light- color, light and material qualities & space relationships to nature

- 26 composition
- 27 communication
- 28 preference
- 29 engagement
- 30 pragmatics
- 31 natural light
- 32 filtered light
- 33 reflected light
- 34 light pools
- 35 warm light
- 36 light as shape & form
- 37 spaciousness
- 38 spatial variety
- 39 space as shape & form
- 40 spatial harmony

place-based relationships- culture together with ecology, rooted in geography

- 41 geographic connection to place
- 42 historic connection to place
- 43 ecological connection to place
- 44 cultural connection to place
- 45 integration of culture and ecology
- 46 spirit of place

human-nature relationships- paired biological needs of the human relationship to nature

- 47 prospect/refuge
- 48 order/complexity
- 49 curiosity/enticement
- 50 mastery/control
- 51 attraction/attachment
- 52 exploration/discovery
- 53 fear/awe
- 54 reverence/spirituality